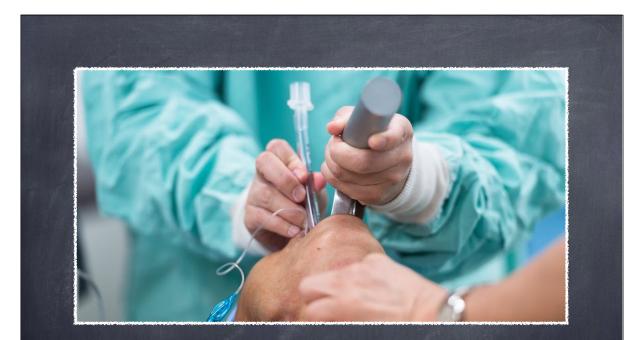
# Airway POCUS -Fact or Fiction?

Lauren Arthurs PGY-4, POCUS Fellow Vancouver Pocus Symposium 2019



# Objectives

- POCUS for confirmation of endotracheal intubation
- POCUS for cricothyroid membrane
  Landmarking



POCUS Confirmation of Endotracheal Intubation

## Evidence

Ultrasonography for the Confirmation of Endotracheal Tube Intubation: A Systematic Review and Meta-Analysis

Michael Gottlieb, MD, RDMS\*; Dallas Holladay, DO; Gary D. Peksa, PharmD

Sensitivity: 98.7% Specificity 97.1%

# Which technique?

Comparison of techniques for visualisation of the airway anatomy for ultrasound-assisted intubation: A prospective study of emergency department patients

Michael J. Romano<sup>a,b</sup>, Jacques S. Lee<sup>a,b</sup>, Jordan Chenkin<sup>a,b,\*</sup>

Suprasternal notch with pressure left of trachea provides most consistent adequate airway visualization (93%)

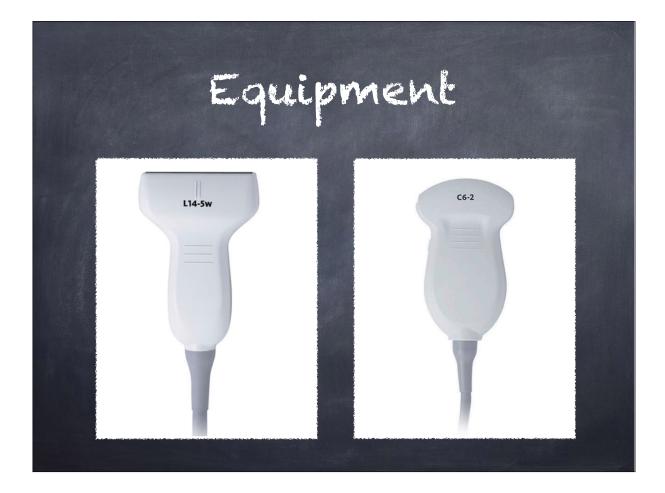
# Which technique?

Comparison of techniques for visualisation of the airway anatomy for ultrasound-assisted intubation: A prospective study of emergency department patients

Michael J. Romano<sup>a,b</sup>, Jacques S. Lee<sup>a,b</sup>, Jordan Chenkin<sup>a,b,\*</sup>

### Left of SSN (93%) > SSN pressure (82%) > CTM (74%)

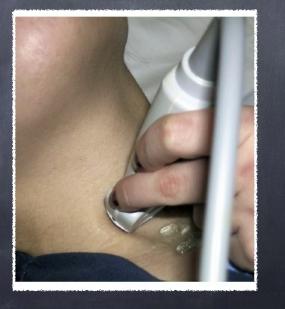
# Let's do it!



# <section-header>

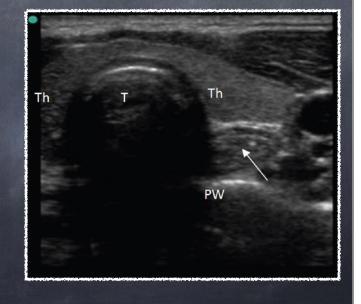
# Technique

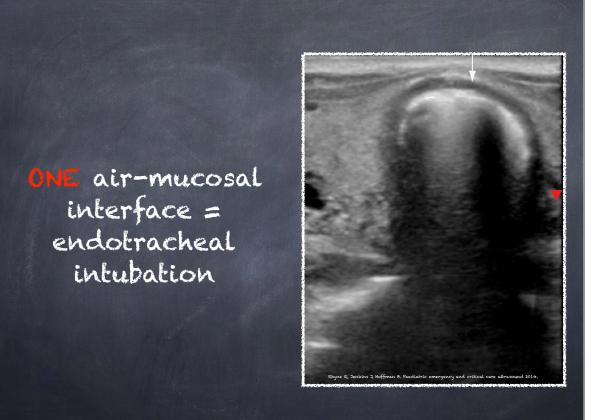
Place probe transverse at the level of the suprasternal notch

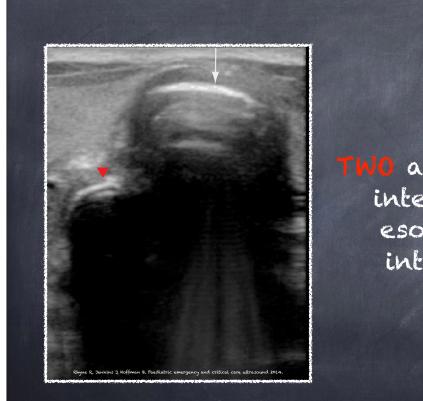


# Technique

Identify the trachea and esophagus







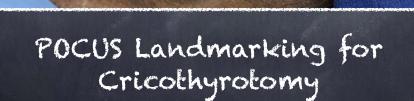
TWO air-mucosal interfaces = esophageal intubation



# ED Application

- Adjunct to
  confirmation
- Low resource
  settings
- No capnography
- o Cardiac arrest





# What about palpation?

The Inaccuracy of Using Landmark Techniques for Cricothyroid Membrane Identification: A Comparison of Three Techniques

Aaron E. Bair, MD, MS, and Rupinder Chima, MD

Accuracy of identifying the cricothyroid membrane by anesthesia trainees and staff in a Canadian institution

Exactitude du repérage de la membrane cricothyroïdienne par des stagiaires et des patrons en anesthésie dans un établissement canadien

Austin Lamb, MD · Jinbin Zhang, MBBS · Orlando Hung, MD · Bruce Flemming, MD · Tim Mullen, MD · Mary Beth Bissell, MSc Iain Arseneau, BSc

Localisation of the cricothyroid membrane by digital palpation in the emergency department

Hiba Alshareef,<sup>1</sup> Abdulaziz Al Saawi,<sup>1</sup> Faisal Almazroua,<sup>1</sup> Hadi Alyami,<sup>1</sup> Gerard O' Reilly,<sup>2,3</sup> Biswadev Mitra<sup>2,3</sup>

# What about palpation?

The Inaccuracy of Using Landmark Techniques

for Cricot A Compar Aaron E. Bair, MD, M

CTM localized accurately 30-60%

embrane by anesthesia n

icothyroïdienne par des s un établissement

### Localisatio

palpation in the emergency department

Hiba Alshareef, <sup>1</sup> Abdulaziz Al Saawi, <sup>1</sup> Faisal Almazroua, <sup>1</sup> Hadi Alyami, <sup>1</sup> Gerard O' Reilly, <sup>2,3</sup> Biswadev Mitra<sup>2,3</sup>

# Can we do better?

Ultrasound Is Superior to Palpation in Identifying the Cricothyroid Membrane in Subjects with Poorly Defined Neck Landmarks

A Randomized Clinical Trial

Naveed Siddiqui, M.D., M.Sc., Eugene Yu, M.D., R.C.P.S.C., A.B.R., Sherif Boulis, M.D., F.R.C.P.C., Kong Eric You-Ten, Ph.D., M.D., F.R.C.P.C.

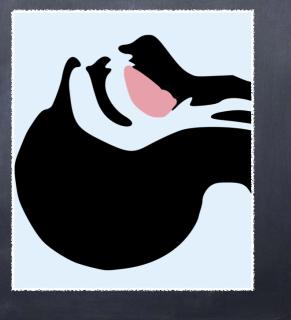
U/S accurately identified CTM 81% vs. external palpation 8%



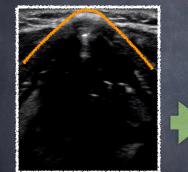


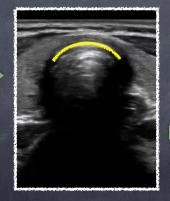
# Patient Positioning

- o Supine
- Sniffing position



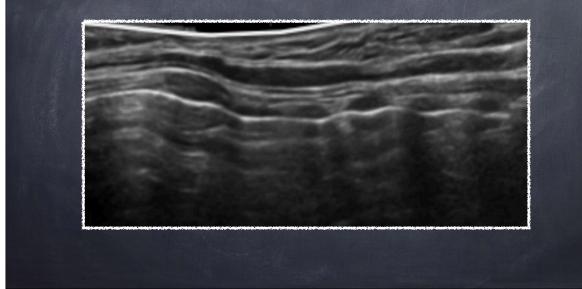
# Technique: TACA







# Technique: Longitudinal



# Technique: Longitudinal

# ED Application Anticipated difficult airway + Poorly defined neck anatomy

## Summary

- Accurate for ETT confirmation
- @ 1 air-filled lumen = tube is in!
- POCUS is superior to palpating CTM
- TACA + string of pearls